

# Get a Flu Shot – Not the Flu!

## WHY GET THE FLU SHOT?

If you've been waiting for a good reason to get a flu shot, **we'll give you three!**

**1** Costs you nothing! Call your primary care physician<sup>1</sup> or Health Net contracted pharmacy<sup>2</sup> to set up your annual flu shot with a \$0 copay.

**2** Getting sick is never fun. Protect yourself and your loved ones against targeted flu viruses, and decrease your chances of getting sick.

**3** Might save you from spending your money on cough drops and tissues – and sick days in bed.



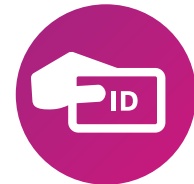
## Get your flu shot where you want

**At your doctor's office.** You can call to schedule your flu shot or ask for one at your next appointment.

**On the go at a Health Net contracted pharmacy.** You can get a flu shot at CVS, Rite Aid, Target and other locations and get your shopping done at the same time. Just show your Health Net ID card.

- No copay required.
- No prescription required.

*(continued)*



Call Member Services at the phone number listed on your ID card for information on other \$0 copay options.

## Who should get a flu shot?

Members 6 months and older should get a flu shot every season. This is very important for children under age 18 months, adults over age 65 and others with low immune systems. These people are at higher risk for developing serious problems caused by the flu.



Staying healthy is just as important as getting well.



<sup>1</sup>Any services you get from out-of-network providers are not covered (except for emergency or urgent care and services approved by Health Net)

<sup>2</sup>For Health Net plans that include a prescription drug benefit.